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The Secret Pleasures of Menopause: Northrup M.D ...

"The truth is that women over 50 are just hitting their stride," she writes in the introduction of her new book, The Secret Pleasures of Menopause, published this month.

Unlocking the Secret Pleasures of Menopause

It is the beginning of a very exciting and fulfilling time, full of pleasure beyond your wildest dreams! Dr. Northrup believes that it's time for you to step forward and learn to enjoy the best years of your life!

The Secret Pleasures of Menopause by Christiane Northrup M ...

As a woman of 46 in my first year of Menopause.. it was a delight to read this uplifting, encouraging and supportive book... I wholeheartedly recommend this to ALL women... to educate us that it isn't the 'end of the world' because we've reached menopause.

The Secret Pleasures of Menopause by Christiane Northrup

The Secret Pleasures of Menopause Playbook: A Guide to Creating Vibrant Health Through Pleasure Hardcover - March 1, 2009 by Christiane Northrup M.D. (Author) 3.2 out of 5 stars 14 ratings

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The Secret Pleasures of Menopause - Hay House Publishing

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The Secret Pleasures of Menopause | Christiane Northrup, M.D.

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