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PSY630 - Occupational Health Psychology

Why is occupational health psychology important? Occupational health psychology (OHP) is a youthful discipline with much to offer the aspiring practitioner. This book is designed to facilitate the knowledge development of those who wish to develop a career in OHP: individuals with a curiosity and enthusiasm for the application of psychological theory and evidence to bring about improvements in the health of workers. The term 'occupational health psychology'

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OHP addresses a number of major topic areas including the impact of occupational stressors on physical and mental health, the impact of involuntary unemployment on physical and mental

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Occupational health psychology - Wikipedia

Effects of occupational stress management intervention programs: A meta-analysis. *Journal of Occupational Health Psychology*, 13(1), 69-93. Sonnentag, S., & Bayer, U.-V. (2005). Switching off mentally: Predictors and consequences of psychological detachment from work during off-job time. *Journal of Occupational Health Psychology*, 10(4), 393-414.

Week 8: Occupational Health Psychology

A Wiley Blackwell Handbook of Organizational Psychology focusing on occupational safety and workplace health. The editors draw on their collective experience to present thematically structured material from leading thinkers and practitioners in the USA, Europe, and Asia Pacific

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