

Become What You Are Alan W Watts

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Overview. Renowned lecturer and author Alan Watts presents his meditations on the dilemma of seeking your true self. In this collection of writings, Alan Watts displays the intelligence, playfulness of thought, and simplicity of language that has made him so perennially popular as an interpreter of Eastern thought for Westerners. Drawing on a variety of religious traditions, he presents the dilemma of seeking your true self—to “become what you are.”.

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what reality is, you must look directly at it and see for yourself. But this needs a certain kind of concentration, because reality is not symbols, it is not words and thoughts, it is not

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Understood in this way, to “become what you are” is at once an impossible directive and an unavoidable fact. This volume is a collection of Alan Watts’s articles from the mid-fifties, interspersed with short essays from the late thirties, written before he came to America from England.

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Alan Wilson Watts (6 January 1915 – 16 November 1973) was a British writer and speaker known for interpreting and popularising Buddhism, Taoism, and Hinduism for a Western audience. Born in Chislehurst, England, he moved to the United States in 1938 and began Zen training in New York. He received a master's degree in theology from Seabury-Western Theological Seminary and became an Episcopal ...

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Become What You Are by Watts, Alan W. (ebook)

Alan Watts 1915 - 1973 Alan Wilson Watts (January 6, 1915 - November 16, 1973) was a British philosopher, writer, and speaker, best known as an interpreter and popularizer of Eastern philosophy for a Western audience.

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